



NEWPORT ACADEMY

A Newport Healthcare Program for Children & Teens

Safe, Effective, Family-Focused Treatment for Ages 7–11

Age-Appropriate, Evidence-Based Care That Prioritizes Family Connection

We treat anxiety, depression, suicidal behavior, self-harm, disordered eating, and other mental health conditions through an integrated approach that includes:

- ✓ A focus on family involvement, through family therapy and programming
- ✓ Daily communication and weekly visits with parents, and regular progress updates
- ✓ Strength-based academic support to keep kids on track with learning
- ✓ Highly structured and supervised environment
- ✓ Multidisciplinary staff and therapist team trained in working with children
- ✓ Experiential modalities, including art, music, and yoga therapy
- ✓ Support with travel logistics and transitioning children into care



Take the first step on the healing journey—
schedule a **free mental health assessment**:

newportacademy.com/children

833-342-0778

